

**I. Workshop on Medical Humanities by Theatre of Oppressed conducted from
24th to 26th April 2014.**

The workshop on Medical Humanities using theatre of oppressed was conducted for interns and Faculties from 24th to 26th April 2014. The workshop was endowed with eminent facilitators Dr. Radha Ramaswamy, Dr. Ramaswamy and Dr.Ravi Ramakantan from the Centre for Community Dialogue and Change, Bengaluru, who conducted this workshop. The workshop was conducted using Theatre of Oppressed; Theatre of the oppressed (TO) explore shared perceptions, serves as a means of empowering the oppressed and provokes a dialogue that goes beyond words.

21 interns and 20 faculties availed the benefit of his workshop.

Humanities play an instrumental role in Medical Education. The main objective of the workshop is to provide a more holistic perspective to budding doctors.

Day - 1

The workshop started with Agreements in terms of Honour Confidentiality / Privacy, Speak for yourself / your experience ("I" statements) Listen for understanding, Agree to disagree, Give unconditional respect to others and yourself, Take care of yourself (Right to pass.), Step up / Step back and List of issues to be discussed.

The Workshop comprised of a number of games and exercises (Warm-ups, Community Building, Name Play back, Cover the Space, School- Student- Closin, Columbian Hypnosis, Zip Zap Zoom, Find the Hand, Image Theatre, Completing the Image, Dueling Images, Groups of 4-5, Dynamise, Pushing/Irish duels, Image of Images Lightning Forum, Glass Cobra) to stimulate the sensitivity to impulses inherent inside but concealed or rather oppressed by the rigid patterns of thought created by the mechanical world.

They were followed by Image Theatre and Forum Theatre which provided both actors and spectators with the opportunity to understand the problems around them and motivated them to actively bring change to solve them effectively, and in the process enabling them to rediscover their potential for creating change. The close to real life situations enacted gave the comfort of not being struck dumb by the adrenaline rush but its closeness to real life made us think critically of how we would react or how we reacted when such a situation arose.

Day 2 -

Began with Warm-ups, Community Building, Big Wind Blows/Balancing circle, Cat and Mouse, Carnival in Rio and Small groups create scenes

Randomly selected groups created a play on themes like "Fate of Interns", "Teacher student relation", "Reservation", "Burden on Patients", "Passing the responsibility", "I speak you listen". Then had a forum discussion with faculty & Interns where they played four plays which they had created.

In the forum discussion first the audience were merely a spectator, later the audience were "spect-actor," i.e., the audience members are empowered to imagine and think critically about the problem and experiment with different perspectives of problems through acting. In this way, many different alternative solutions come up and are assessed for their efficacy.

Day 3-

Some of the games were repeated for Faculties. Later on, individuals sculpted images based on themes like "Conflict and Responsibility" using bodies of other participants and their own as clay. It was just a static beginning of a process of dynamization as other participants actively changed them following their innate theatrical impulses.

Groups were randomly divided into 6 groups, each group had equal representation from faculty and Interns. Each group assigned a task of identifying at least 3 problems in the present curriculum and solutions for it, and what could be the challenges to execute it. The groups came out with such brilliant and most needed aspects in Medical Education.

Workshop was concluded with Feedback. All the interns were very happy to be the part of workshop and all have suggested to implement Medical Humanities in Curriculum. One Intern has stressed that it should be included but should not be assessed in exams because it will not serve the purpose if assessed. All the faculty also felt the need of including the Medical Humanities in the curriculum.



Students engrossed in the activities during workshop



Dr Radharamaswamy engaging the students in team work

II. Workshop on Medical Humanities by Theatre of Oppressed from 11th to 13th June 2015.

The workshop on Medical Humanities using theatre of oppressed was conducted for interns and Faculties from 11th to 13th June 2015. The workshop was endowed with eminent facilitators Dr. Radha Ramaswamy, Mr Ravi Ramaswamy and from the Centre for Community Dialogue and Change, Bengaluru, who conducted this workshop. The workshop was conducted using Theatre of Oppressed, (TO) which explores shared perceptions, serves as a means of empowering the oppressed and provokes a dialogue that goes beyond words. 25 interns and 10 faculties availed the benefit of his workshop.

Humanities play an instrumental role in Medical Education. The main objective of the workshop is to provide a more holistic perspective to budding doctors. This was reinforced with shared experiences from faculty. The barrier between teacher and student was not observed. The learning was by sharing and mutual concern for each other.

Day – 1

The workshop started with Agreements in terms of Honour Confidentiality / Privacy, Speak for yourself / your experience ("I" statements) Listen for understanding, Agree to disagree, Give unconditional respect to others and yourself, Take care of yourself (Right to pass.), Step up / Step back and List of issues to be discussed.



Dr Radha Ramaswamy engaging the students in activity

The Workshop comprised of a number of games and exercises (Warm-ups, Community Building, Name Play back, Cover the Space, School- Student- Closing, Columbian Hypnosis, Zip Zap Zoom, Wind Blows/Balancing circle, Cat and Mouse, Carnival in Rio, Find the Hand, Image Theatre, Completing the Image, Duelling Images, Groups of 4-5, Dynamics, Pushing/Irish duels, Image of Images Lightning Forum, Glass Cobra) to stimulate the sensitivity to impulses inherent inside but concealed or rather oppressed by the rigid patterns of thought created by the mechanical world.

They were followed by Image Theatre and Forum Theatre which provided both actors and spectators with the opportunity to understand the problems around them and motivated them to actively bring change to solve them effectively, and in the process enabling them to rediscover their potential for creating change. The close to real life situations enacted gave the comfort of not being struck dumb by the adrenaline rush but its closeness to real life made us think critically of how we would react or how we reacted when such a situation arose. Various themes like relationship, hospital, doctor manhandling etc were utilized as theme for image creation in groups.

Day 2 –

Began with randomly selected groups created a play on themes like "Fate of Interns", "Lalan ki lag gayi", "do I need this", "parent and child expectation and relationship", "I could have done better". Then had a forum discussion with faculty & Interns wherein they played four plays which they had created.

In the forum discussion first the audiences were merely a spectator, later the audience were "spect-actor," i.e., the audience members are empowered to imagine and think critically about the problem and experiment with different perspectives of problems through acting. In this way, many different alternative solutions come up and are assessed for their efficacy.

Day 3-

It was organized in medical education unit. To venture more into medical humanities video clips like different situations in hospital while treating patient were played. The perspectives of faculty and interns on different issues were brought out during discussion. Dr Shishira Ranade shared his experiences as a doctor and also as a surgeon. The students assured to have a meeting once in two months at convenient time and place to gather their experiences and share among themselves. Forum also discussed to bring out a newsletter to have poetry debate and many more aspects of medical humanities.



Faculties being addresses regarding professionalism and humanities

Workshop was concluded with Feedback. All the interns were very happy to be the part of workshop and shared their experience on how it brought out the hidden talent in many participants. How it could help them to connect with patients and have a better delivery of health care. The workshop concluded with distribution of certificates by Principal and clicking a group photograph.

III. Workshop On Medical Humanities on 14th and 15th of September 2017

Medical Education Unit of collaboration with Clinical Development Skills Agency – Centre of Excellence in Clinical Research have organized two days workshop on Medical Humanities for Interns of JSS Medical College Adichunchanagiri Institute of Medical Sciences, Bellur and on 14th and 15th of September 2017 at Sri Rajendra Auditorium, JSS Medical College, Mysuru.

Inauguration

Dr Arun M, Convener of Medical Education Unit welcomed the participants and dignitaries to the even. Inaugurating the workshop Dr H Basavanagowdappa, Principal, JSS Medical College described the need to have humane attributes among medical doctors along with the communication skills and clinical skills to be an effective health care professional. Dr B M Balaraj, Vice Principal, JSS Medical College mentioned the importance of humanities in medical education. Dr Praveen Kulkarni, Assistant Professor, Department of Community Medicine, JSS Medical College proposed vote of thanks.

The Workshop

Sri Ravi Ramaswamy from Centre for Community Dialogue and change, Bengaluru conducted the workshop as a resource faculty. Various sessions on team building, how to act as a team player, how to adapt to the changing situations, understanding the self, image theatre, columbian hypnosis, sculpting, follow your leader, trusting each other, empathy were taken through interactive games. This was followed by interactive forum theatre where the participants enacted certain situations in their life where they could share their emotions. The group together worked out solutions to those situations in an interactive way. In reflective feedback session, the participants shared one take home message from the workshop.

Valedictory session

Dr Arun M, shared his remarks on the workshop along with welcome address for the valedictory session. This was followed by distribution of certificates for the participants and coordinators.

Participants gave their feedback on their learning and thanked the organizers for conducting the workshop. Dr B M Balaraj, Vice Principal, congratulated medical education unit for organizing the event successfully. Dr Pushpalatha K, Coordinator of Medical Education Unit along with Dr Praveen Kulkarni coordinated the event.

A total of 24 interns from JSS Medical College, Mysuru and Adichunchanagiri Institute of Medical Sciences, Bellur have participated in the workshop.



Image Theatre